

COMPLETE TRAINING

(May 19 - May 29, 2023)

The complete training includes the activities of the **weekend, the teachings of all 10 Munay-Ki Rites, and supporting ceremonies:**

- **Hampe Karpay (The Healer's Rite)** that awakens our inner healer and connects us to the lineage of Hampe medicine people. The Grandmothers and Grandfathers of this lineage teach us, guide us, and support us on our life's journey and helps us receive the seeds of the Foundation Rites.
- **Chumpi Karpay (The Bands of Power)**, the initiation that installs the five bends connected to the elements of Mother Earth and connects them to our energy centers. The Bands provide opportunities to clear and balance our energy field, in that way protecting us from harmful influences.
- **Ayni Karpay (The Harmony Rite)** that installs 7 archetypes in 7 of our energy centers. The archetypes work with us through offering us their instincts and guidance as we heal and clear our body, mind, and energy field from limiting beliefs and old stories, and contracts.
- **Kawak Karpay (The Seer's Rite)**, the Rite that connects us to the lineage of Seers, Kawaks, that helps us expand our Site to all the hidden places inside of us and all around us. With the ability to see the visible and invisible, we are able to see and then heal those parts of ourselves that have been waiting to be seen and heard for lifetimes.
- **Kisma Karpay (The Rite of the Womb)**, connects us to the lineage of women who freed themselves from pain and suffering. They teach us that we are not born to carry fear or sadness and so we dismantle and release imprints of trauma from within our womb to restore the buried wisdom. It helps us embody the fullest expression of joy, beauty, love, and inner peace and awaken our deep longing for connection to each other, to Mother Earth, and to the sacredness of all life birthed through the Sacred Womb.
- **Pampa Mesayok Karpay (The Daykeepers Rite)**, gives us access to ancient, feminine wisdom of Pampa Mesayok lineage. We learn to greet the sun each day, guide our communities to live in harmony with Mother Earth and respect the feminine, and build and activate our altars and we learn to connect with Pachamama, our Earth Mother.

- **Alto Mesayok Karpay (The Wisdomkeepers Rite)**, the initiation that connects us to the power of the high mountains and the Altomesayok lineage that keeps and shares their wisdom. They help us connect to our Apu, Mountain Spirit to heal our inner masculine, to offer us strength and stability, and to step outside of time, to taste infinity. We learn to dialogue with nature and understand the energy that moves nature's cycles and rhythms.
- **Kurak Akuyek (The Earthkeepers Rite)**, connects us to the lineage of Earthkeepers who help us remember how to support our dreams, the dreams of our ancestors and those who will come after, of transforming Pachamama into a harmonious and loving co-creation between all of life. It opens our hearts and inner vision and reminds us to trust in the gentle power of the seeds gifted to us from these ancient Guardians of the Earth.
- **Mosoq Karpay (The Starkeepers Rite of the Rite of the Time to Come)**, connects us to the stars, planets, energies, times, and dimensions that exist beyond this linear time and physical place. It helps us navigate this transitional time of Pachacuti. It transports us 10,000 years into the future where we become homo luminous, the illuminated human deeply connected to the Source. The Mosoq lineage is our luminous, future-self, who is calling us home.
- **Taitanchis Rantis (The Creation Rite)**, helps us understand that we can dream the world into being. We become one with the river, the wind, the ocean, the waves... To be like Creation, with such Munay, clear wisdom and power, we realize that creation happens in cycles, from birth, to death and that it includes creating something, nurturing it, so that it can grow and give fruit, and then letting it dismantle.



With the seeds of these amazing Rites, Grandmothers and Grandfathers working with us on healing ourselves, with the healing support of the Fire ceremony, Sand painting, song and dance, and other ceremonies, we open our hearts and journey from ME to WE. The more we heal, the more we step out of our personal stories, and step into co-creating and dreaming into being the sustainable, harmonious, peaceful, and loving world for Pachamama and all our relatives.

